

## Premiership & Championship Syllabi - 2026

**Solos will be danced in the typical Grade Feis way. Dancers must dance in a minimum of two solo dances to qualify to dance in a Premiership. Premierships and Championships will follow the Birdy Syllabus. No solos will be required for Championship dancers. Dancers may "double up" (dance in the premiership or Championship above their current level) if they also participate in their current level. Traditional sets may be danced in any version, but to the set speeds on the Birdy Syllabus Feis. \*Find Speeds Below.**

**Beginning Premiership:** (1) Reel, (2) Light Jig or Treble Jig

**Primary Premiership:** (1) Reel, (2) Trad. Set (St. Patrick's Day, Blackbird, or Jockey to the Fair)

**Intermediate Premiership:** (1) Slip Jig\*, (2) Treble Jig, (3) Trad. Set (Job of Journeywork, 3 Sea Captains, or Garden of Daisies)

\*Trad. Sets for Premierships: Right and Left foot of Step, Right foot only of Set.

### **Preliminary & Open Championships:**

- **Under 8:** (1) Reel, (2) Treble Jig (2 steps), (3) St. Patrick's Day (Set Right foot only)
- **Under 9:** (1) Reel, (2) Treble Jig, (3) St. Patrick's Day, (4) Modern Jig Set
- **Under 10:** (1) Reel, (2) Treble Jig, (3) Jockey to the Fair, (4) Modern Jig Set
- **Under 11:** (1) Slip Jig\*, (2) Treble Jig, (3) Blackbird, (4) Modern Hornpipe Set
- **Under 12:** (1) Reel, (2) Hornpipe, (3) Job of Journeywork, (4) Modern Jig Set
- **Under 13:** (1) Slip Jig\*, (2) Treble Jig, (3), Three Sea Captains (4) Modern Hornpipe Set
- **Under 14:** (1) Reel, (2) Hornpipe, (3), White Blanket, (4) Modern Jig Set
- **Under 15:** (1) Slip Jig\*, (2) Treble Jig, (3) The Hunt, (4) Modern Hornpipe Set

- **Under 16:** (1) Reel, (2) Hornpipe, (3) Garden of Daisies, (4) Modern Jig Set
- **Under 17:** (1) Slip Jig\*, (2) Treble Jig, (3) King of the Fairies, (4) Modern Hornpipe Set
- **Under 18:** (1) Reel, (2) Hornpipe, (3) Three Sea Captains, (4) Modern Jig Set
- **Under 19:** (1) Slip Jig\*, (2) Treble Jig, (3) Job of Journeywork, (4) Modern Hornpipe Set
- **Under 21:** (1) Reel, (2) Hornpipe, (3) King of the Fairies, (4) Modern Jig Set
- **Under 25:** (1) Slip Jig\*, (2) Treble Jig, (3) Garden of Daisies, (4) Modern Hornpipe Set
- **Under 30:** (1) Reel, (2) Hornpipe, (3) The Hunt, (4) Modern Jig Set
- **Under 35:** (1) Slip Jig\*, (2) Treble Jig, (3) White Blanket, (4) Modern Hornpipe Set
- **Over 35:** (1) Reel, (2) Hornpipe, (3) Three Sea Captains(Right foot of set only), (4) Modern Jig Set

\*Slip Jig for Females only, males dance Reel.

\*Trad. Sets are to be danced Right and Left foot of Step and Right and Left foot of Set. Exceptions being U8 and Over 35 – Right foot of Set only.

### **Traditional Set Speeds:**

Traditional sets may be danced in any version, but must be performed to the speeds below.

St. Patrick's Day - 92

Jockey to the Fair - 92

Blackbird - 146

Three Sea Captains - 88

Job of Journeywork - 138

Garden of Daisies - 138

King of the Fairies - 130

The Hunt - 130

White Blanket - 130